

Glowing Lava Lamp

Supplies:

Vegetable or Baby Oil
Funnel
Water
Clear Plastic Bottle
Food Coloring
Alka-Seltzer Tablets
Glow Sticks



1. Using the funnel, pour water into the bottle until it is about a quarter full.
2. Using the funnel again, pour in the vegetable oil until the bottle is a bit more than three-quarters full. Be sure to leave space for your glow sticks.
3. Wait until the oil and water have settled.
4. Add about 12 drops of food coloring. Gently twist and tap the bottle to help the color mix with the water, but don't shake it.
5. Bend your glow sticks to activate them, drop them into the bottles, and switch off the lights.
6. Now, break an Alka-Seltzer tablet into about 3 pieces. Drop one piece of the tablet into the bottle. It will drop through the oil into the water and begin to fizz. When the bubbling starts to slow down, add another piece of Alka-Seltzer and it will start all over again.